

THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

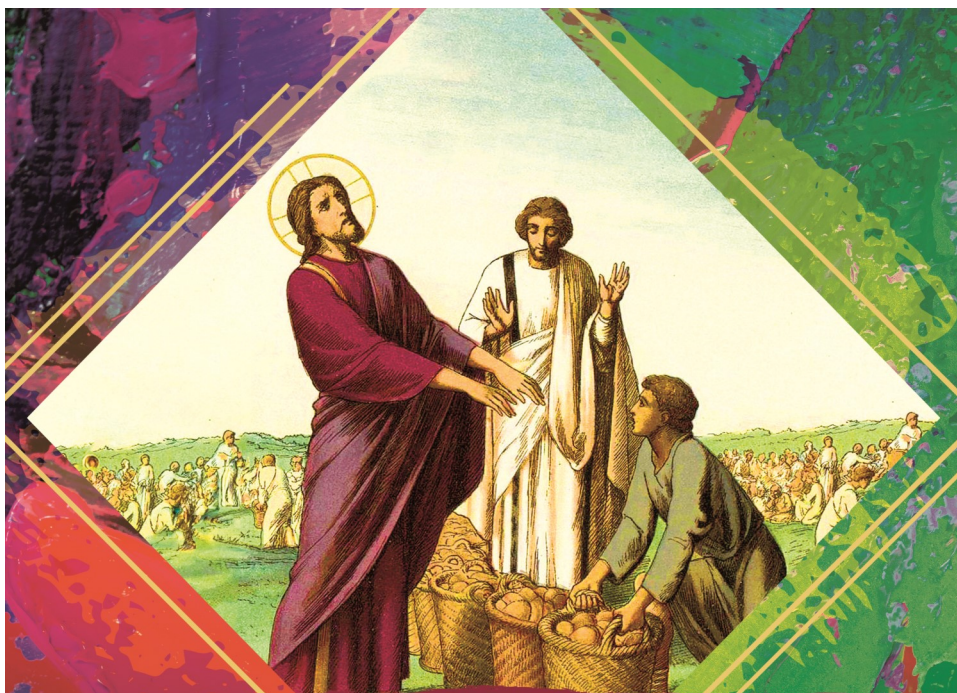


**28
JULY
2024**
YEAR B

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email office@nhcatholic.org.au



17TH SUNDAY IN ORDINARY TIME

Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. - Jn 6:11

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

1ST READING

2 Kings 4:42-44

Elisha feeds a hundred people with twenty loaves.

RESPONSORIAL PSALM

Ps 144:10-11, 15-18. R. v.16

*The hand of the Lord feeds us;
he answers all our needs.*

2ND READING

Ephesians 4:1-6

Live a life worthy of your calling.

GOSPEL ACCLAMATION

Luke 7:16

Alleluia, alleluia!

*A great prophet has appeared among us;
God has visited his people.
Alleluia!*

GOSPEL

John 6:1-15

Jesus feeds five thousand.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am

Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm

Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW

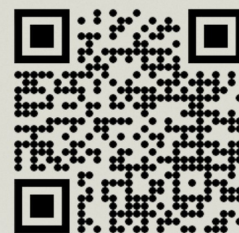


WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR



(02) 9949 4455

Scan me!



WHY DO WE DO THAT? Catholic Life Explained

Question:

My coworkers and I have been debating the death penalty and whether or not it should be part of our justice system. Why are so many people who claim to be pro-life believers in favour of it?

Answer:

The issues of crime and punishment are never easy because so many factors influence people and how they view problems and solutions. Increased violence, loss of life, cost to taxpayers and the community at large, and the maneuverings of lawyers and courts only add fuel to the fire. When bad things happen in your neighbourhood or to your home or to you, you want relief. Any normal person would feel that way. A pro-life view does not insulate anyone from the bad effects of criminal behaviour. Innocent people are hurt every day and it may seem as though those who cause the pain get away with it, or get off easy.

The death penalty is not excluded by Church teaching. The state has the right to impose penalties that are commensurate with the crime as well as to defend itself from further harm (*Catechism of the Catholic Church*, §2266). When possible, punishment should help correct the offender, offering a chance of redemption, which is why the pope and bishops have called for an end to the death penalty. ©LPi

BRINGING HOME THE GOSPEL

Once Jesus blesses the five loaves and two fish they provide enough food for the thousands of people who have gathered. We hear the story of the multiplication of the loaves and fishes every year. It is the only miracle recorded in all four Gospels. As parents there are several messages we can take away from this story.

Be attentive to others' needs. Jesus is the first to take in the large crowd, the time of day and the distance to the nearest town. Jesus always anticipates the needs of others, providing for our needs without being asked. Parents do the same; meals on the table, socks laundered, lunches made. You are Christ to your children.

Ask for help. Jesus admits when the task appears to be beyond him. He asks for advice on how to handle the problem. He asks for help in distributing the food and in cleaning up afterward. Even Jesus realized he needed help at times; we need to follow his example.

Don't underestimate the offerings of a youngster. It's a young boy who provides the essence of the feast. He didn't hide his gift. He shared it generously. Thank goodness Andrew was there to notice him. Too often, we overlook our youngsters who can sometimes provide just the right ingredient to bring harmony and humour into difficult situations.

God will provide. Jesus, the bread of life, shares his life with us. No matter how dire the situation, we will be fine. That's the good news. God is with us and in us; when we open ourselves to his grace and his love, we will receive everything we need.

FAMILY RESPONSE:

Mealtime is a special time for families. Plan a meal and have each person pick out one food item to be part of the feast. Find a date and put it on the calendar. Make sure everyone is involved in preparing the meal.

PERSONAL RESPONSE:

What are your favourite mealtime memories?

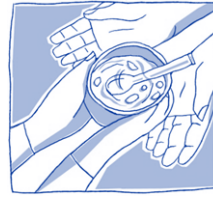


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WEEKLY SOCIAL JUSTICE CHALLENGES

Most of us want to be part of a winning team or be part of something that works or is doing really well! We love to give to organizations that reach lots of people and do the most good. This week the readings include accounts of people who did things differently. The first was the story of Jesus feeding the five thousand. This account in John includes the little boy who shared his fish and barley loaves. From that, Jesus and the disciples fed five thousand and had food left over. The disciples wanted to do the normal thing... send everyone out for takeout or a drive-through. But Jesus used the faith of the little boy to do things differently. That boy might have felt a little foolish looking around at all the people and then looking at his own little basket. However, he had faith. He just had to do what he was called to do...share his food. This week, pray for God to show you where your gifts are needed. Make a list of people, places and causes that you might be called to serve. Choose one and take a step out in faith to make a difference.



PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

"They gathered them up and filled twelve baskets with fragments from the five barley loaves, left by those who had eaten." –John 6:13.

Often in our lives, we become paralyzed or fixated with the idea of not having enough and always needing more. Through the feeding of the 5,000, Jesus reminds us that there is always abundance. Use this week to examine your buying habits, especially surrounding food. Make a meal plan for the week and buy ingredients only for those meals to help reduce food waste because so often in our insecurity about not having enough we purchase more than we need.



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SICK CALLS

AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

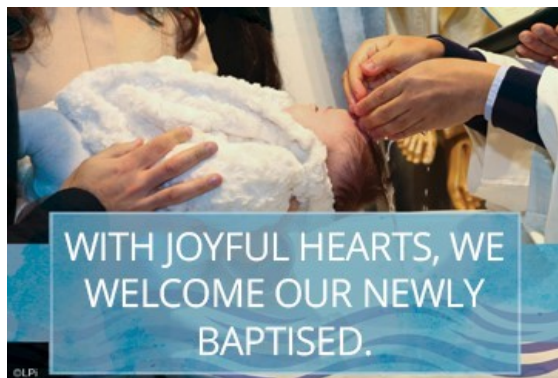
BUSINESS HOURS:

PARISH OFFICE—9949 4455

AFTER HOURS:

(Evenings & Weekends)

0490 898 464



Jules Chappell
Daughter of Susan and Craig

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Margaret Koorey/Moses, Greg Hyde, Yvonne Taylor

RECENTLY DECEASED:

Rosetta Basile, Moira Geraghty, Ron Stenner,
Christine Cairns, Helena Broadhead, Paul Seddon

ANNIVERSARIES:

John O'Brien, Rosie, Salvo and Cheryl

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail
office@nhcatholic.org.au

WISHING YOU A DAY THAT IS AS GRAND AS YOU ARE



HAPPY GRANDPARENTS' DAY!

©LPI

WANT TO SEND YOUR CHILD TO CATHOLIC SCHOOL?



Scan the QR code to complete
the Parish Priest Reference form.

A reference from our priests is
required to enrol your child
in a Catholic independent college.



ARE YOU AN EXTRAORDINARY MINISTER OF HOLY COMMUNION?



We kindly request all ministers please share
their contact details with us using the QR code.
If you would like to join this rewarding ministry,
please sign up and we will contact you with
more information.

HELP THE POPE HELP OTHERS

The Peter's Pence
collection this weekend
supports the charitable
works and mission of Pope
Francis.

Donation envelopes are
available in our churches.
Please give as generously
as you can.



SACRAMENTAL PROGRAM
2024/2025

REGISTRATIONS OPEN NOW!

Our preparation for the
Sacrament of Confirmation
begins in July.
Sign up below!

SCAN ME



Family Masses This Sunday!

9AM
ST CECILIA'S CHURCH
SCHOOL MASS (FAMILIES COME GATHER)

5PM
ST KIERAN'S CHURCH
PARISH FAMILY MASS
INCLUDES CHILDREN'S LITURGY
AND FOLLOWED BY PASTA SUPPER

ALL WELCOME!



Parish Social Justice Group

At our two social justice meetings, we've identified our key focus areas for the rest of the year:

Parish GIFT Program | Vinnies | LocalKIND | Supporting isolated parishioners

WE NEED YOU!

We **urgently** need **Eucharistic Ministers** or people willing to make a **weekly phone call** to an isolated person to provide support and companionship. For more information or to register your interest please email Elaine at mathstutor@iinet.net.au.

SAVE the DATE

40TH ANNIVERSARY
OF ORDINATION TO THE
PRIESTHOOD OF

Fr Tony Banks OSA

SUNDAY, 11 AUGUST

9:30AM MASS AT ST KIERAN'S
FOLLOWED BY BIG MORNING TEA IN THE PARISH CENTRE

PLEASE BRING A PLATE!



Thank YOU

Thank you for your kindness and prayers at the time of Greg's passing and to all the people who attended the Mass for Greg on June 11.

Heartfelt thanks from Steph, Caitlin, Bridget, Megan, Liam, Siobhan, and Pat Keogh.

SYDNEY

26 - 29 September 2024

at Cathedral Precinct Waitara
Hosted in and supported by the
Diocese of Broken Bay

Registration: igniteconference.com.au/



IGNITE CONFERENCE 24

RISE UP!

A NATIONAL
CATHOLIC CONFERENCE
WITH SOMETHING
EVERYONE

IN THE NAME OF
JESUS CHRIST
OF NAZARETH,
RISE UP AND WALK.
ACTS 3:6-7

Broken Bay is again delighted to host the Ignite Sydney Conference, a gathering of Catholics for four days of formation, renewal of faith, and powerful worship. It is a conference for all children, high school students, and young adults, and deeper sessions for adults, specifically parishioners, priests, religious, ministry leaders, parents, and grandparents. There is something for everyone at the Ignite Conference.

Mission Broken Bay is pleased to **offer a 50% subsidy for parishioners** to attend.

Please contact Mission@bbcatholic.org.au to access the promotional code for either a "Teen" or "Adult" registration.

HAPPENING THIS WEEK

in our Parish

1.

Children's Liturgy of the Word

4 August, 9AM at St Cecilia's

Children listen to the Gospel story, sing, pray, and do activities before returning to Mass to participate in the Offertory Procession.

2.

School Family Mass

5 August, 5PM at St Kieran's

Join families from St Kieran's School for prayer and fellowship.

WANTED! USED STAMPS

We are collecting used stamps to be trimmed and sold at auction. All proceeds will go to Sisters of St Joseph's Peru Missions. Please drop them into the Parish Office. Thank you!

X M I R A C L E P H I L I P Q
D Z O J Q Z M E K J L H J L B
V A T H O U S A N D X Y V P T
F I V E P X G Z K Z I S U R L
X B O Y M Q V R W S B F N O M
E P E A W R S X U F N X D P B
F L H L R H A N D S W I W H G
Z I N R O M L W N C B U J E H
V K T E B F I I T H A T T T C
G G N Y Z L G X N F S O C E C
H S W Y V S G Z V H K D N T H
V X W L F I V Y Q B E Z J D M
P A S S O V E R Z A T I M J A
E G T I B E R I A S S W L I F
L B M O U N T A I N G R A S S

WORD SEARCH

Jesus fed the thousands.

TRY TO FIND THESE WORDS:

baskets

boy

five

grass

hands

miracle

mountain

Passover

Philip

Prophet

thousand

Tiberias

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Sharing the Gospel

Your mother sends you to sell two fish and five loaves of bread at the market. Jesus and a crowd walk by you. You see love in the eyes of Jesus as he heals people. Then you forget about selling your food and follow him. Jesus says, "Treat others as you like to be treated." Everyone gets hungry. Then Jesus asks for food. You say, "Here, Lord. I will share with you and your people."

Prayer

Lord, help me share what I have.

Mission

Share two cans of fish and five bags of flour with needy.

©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





*O Lord, my God, let my soul praise You that it may love You.
Let it recount to You Your mercies that it may praise You for them all.*
Confessions 5, 1
- St. Augustine of Hippo

NEXT WEEKEND (4 AUGUST): 18TH SUNDAY IN ORDINARY TIME, YEAR B

1ST READING

Exodus 16:2-4. 12-15
Manna from heaven.

RESPONSORIAL PSALM

Ps 77:3-4. 23-25. 54. R. v.24
*The Lord gave them bread
from heaven.*

2ND READING

Ephesians 4:17, 20-24
*Lay aside your former way of
life.*

GOSPEL ACCLAMATION

Matthew 4:4
Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes
from the mouth of God.
Alleluia!

GOSPEL

John 6:24-35
Jesus is the bread of life.

3 AUG, 5.30PM
ST KIERAN'S

Senior Server
David

Readers
Bob
John
Cecilia

Music
Parish Choir

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

4 AUG, 7.30AM
ST KIERAN'S

Senior Server
Jo

Readers
Judith
Jenny

Music
None

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

4 AUG, 9AM
ST CECILIA'S

Senior Server
Cecilia

Readers
Louise
Ailis

Music
Anushka

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Julien

4 AUG, 9.30AM
ST KIERAN'S

Senior Server
Michael

Readers
Brian C
Kate

Music
Harvest

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

4 AUG, 5PM
ST KIERAN'S

Senior Server
Marisa

Readers
Louise
Catherine

Music
Ben

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

OBSERVANCES FOR THE WEEK OF 28 JULY

Mon 29 July: Sts Martha, Mary and Lazarus

Tue 30 July: Tuesday of the 17th Week in Ordinary Time, Year II

Wed 31 July: St Ignatius of Loyola, priest

Thu 1 Aug: St Alphonsus Liguori, bishop and Doctor of the Church

Fri 2 Aug: Bl John of Rieti, religious (*Augustinian*)

Sat 3 Aug: St Dominic, priest

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Deacon: Deacon Van Tu Nguyen, OSA E tnguyen@nhcatholic.org.au
Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)
Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Hallaway M 0450 101 767 E families@nhcatholic.org.au
Media & Communications: Sophie Boffa E comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Youth & Children's Choir: Victoria Merillo E choir@nhcatholic.org.au

Resident Priests
Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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important moments

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hamerlaw.com.au

LORIS FILACURIDI

Real Estate Agent



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in our parish.

For trustworthy advice
regarding your home or any
other real estate query,
please call me anytime.

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B.Bus, J.P

sweetnam's
real estate



Principal: Ms Louise O'Brien

59 Seaview St, Balgowlah
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For St Paul's Catholic College, Manly

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St Kieran's Catholic
Primary School



Principal: Ms Anna Marsella

63 Gordon St, Manly Vale
02 7256 2131

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www.skmvdbb.catholic.edu.au

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for your continued support.
Thank you!



North Harbour
PARISH

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You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay